

## General

Thank you to everyone who has supported us in our building project. We are looking forward to moving back in and our programmes up and running again. Let us pray earnestly for God to do immeasurably more than we ask or even imagine in the months and years ahead.

Pray for our Anniversary plans for this month. Pray for those travelling from around the world to join us as we celebrate 40 years.

Pray for Christmas Hope plans as we face a huge cost of living crisis. This puts pressure on those giving and also volunteer's availability. Pray for wisdom in all of our plans.

Give thanks for Norman's ministry of 30 years with PF. Pray as he retires that he may know God's blessing for this new chapter in his life.

Give thanks for our Board members and their commitment to PF's vision. Pray for wisdom for them, for the new season ahead.

## Aftercare - Women

Some women we love and journey with have found employment, and this has helped and encouraged them so much. Pray opportunities would open for many others.

Recently, many women we journey with have experienced bereavement as friends they knew from Hydebank have died, mostly drug related. Many are realising their need for help with addiction. Pray their hearts find freedom.

Lynne would love to start more focused women's Aftercare meetings again. Pray for His leading in this.

Pray for S who has moved back home with her family. She really wants help with addictions. May she feel loved, supported, and find the help and freedom she needs.

Please pray for L, a young woman who is very troubled. May she believe she can truly change, and experience hope only He can bring.

## Family

Give thanks for the new families we are in contact with and for being able to journey with them. Pray that the Lord will always lead us towards those who need and want our support.

Pray for those within families dealing with chronic illnesses. Pray for God's grace and strength to sustain those waiting for hospital appointments.

Pray for those who will soon have a family member released from prison. Pray for peace and healing where there are strained relationships.

Some family members who have been seeking help for addiction and mental health concerns are now getting the help they need. Give thanks for this, pray for them and those who are supporting them.

Pray for those families who are facing the challenge of ill health, in addition to the concerns they have for someone who is in custody or has recently been released. Pray they may know God's peace and find strength in Him.

Pray for families torn apart as the result of a family member's crime. Pray for healing for those most deeply affected by another's actions.

## Prison

Give thanks. We have been given permission to run the football programme in Hydebank for another six weeks starting this month.

Pray for N who has been battling alcohol addiction for a long time that he will know God's help to break free from this bondage.

M has recently been returned to custody, pray he will be able to get the help he needs and would depend on God.

Pray for T, who is in custody; pray she will find peace and be able to manage while in Hydebank.

Pray for those like V who are using self-harm as a way to cope. 'Father, in their despair, bring hope; in their desolation bring peace and courage to ask for help'. Pray they will receive the support they need to heal.

Pray for W who is due to be released soon that he will be able to adapt and cope 'on the outside.'